



THE OFFICE OF
DR. TAMARA BROWN

Would you like to lose 15 to 20 pounds in 3 weeks?

Like most Americans, taking the latest diet pill or skipping meals leaves you even heavier in the long run.

We are excited to introduce **B-LEAN**, our version of the HCG Diet.

Simply, you will place a few drops of the **B-LEAN** under your tongue twice a day and follow the prescribed eating plan. We also work to help you break your food addictions, which will make it easier to maintain your weight loss even when the diet is completed.

Our experience with this program has shown...

- Selective loss of large amounts of fat, not muscle
- Elimination of cravings and addictions to carbs and fat
- Easy maintenance of the patient's weight lost
- Improved energy and mental clarity even while eating reduced portions

Call today to make an appointment for your new beginning!

(404) 696-4141