



THE OFFICE OF
DR. TAMARA BROWN

LOW “T” ...ANDROPAUSE

Many men experience decreasing Testosterone levels beginning in their 40’s. This low Testosterone may be responsible for a number of symptoms including:

- **FATIGUE**
- **LOSS OF MUSCLE MASS**
- **INCREASED BODY FAT**
- **DEPRESSION**
- **LOSS OF ASSERTIVENESS**
- **MOODINESS**
- **LOSS OF MENTAL AGILITY**
- **LOW SEX DRIVE**

Luckily, andropause can be treated with proper nutrition, exercise and the re-balancing of the affected hormones.

The answer lies in your individual testing! With super-sensitive saliva testing, we can best determine your testosterone level and customize the therapy that will help you achieve a sense of well-being and minimize the side effects that may occur from many synthetic testosterone treatments.